



Term Dates

For details, see our **NEW** website!

Summer Term 2025 ends

Friday 4th July

Monday 7th July

Summer Camp July 2025

Mon 28th, Tues 29th, Weds 30th July from 10am to 2pm

BOOK NOW for your place!

All are welcome, no need to be a club member. See **Training Camps** on our website: www.young-athletes.co.uk

Autumn Term 2025

11 weeks starts:

Monday 8th Sept

Friday 12th Sept

Juniors: age 6 to year 6

5.00 to 6.00pm

Performance: for age groups U11, U13, U15 starts:

6.00 to 7.00pm

Half Term 2 weeks

Mon 21st Oct to Fri 8th Nov

Autumn Term 2025 Ends

Monday 1st December

Friday 5th December

Our location: Guildford,

Spectrum GU1 1UP

Young Athletes Club—a Summer of success for our athletes!!

What an exciting Summer of success we have had at YAC!!

Here are some of the highlights—you can read more in this Newsletter.

- Over 100 young athletes taking part in each **Junior** session at 5pm
- Our **Performance** training for older athletes U11 up to U15 goes from strength to strength with more athletes joining every week
- **YAC Open Meeting** on 25th May 2025 had 240 athletes from clubs all over South of England taking part (see page 2 for more details)
- YAC Team took silver medals at the **Surrey Teams Championships**



Young Athletes Club Silver medals at Surrey Quaddkids Championships 2025

Surrey Teams Quaddkids Championships hosted by YAC at Spectrum Weds 25th June 2025

Young Athletes Club year 6 Squad team competed against 7 Surrey clubs to **win silver medals**. There were some outstanding performances but Team Impact took the gold for the first time in 12 years! We wish to congratulate our fine team and special mention to:

Fabian Higgins (well done Fabian still year 5!) who was our top boy with 252 points (best event 35.70m for Vortex 71 pts) **Oskar Dobson** was close in second with 250 points (best event 1:58mins for 600m for 72 pts) **Abi Living and Annika Everett** were joint top girls both with 220 points (both had 600m as their best event and both ran 2.04mins to score the same 64 pts)

YAC team: 5 boys and 5 girls plus reserves competed in 4 events and relay:

75m sprint, Vortex, Standing long Jump, 600m. Here's the team:

Girls: Isabella Hartung, Annika Everett, Alicia Tsai, Abigail Living, Marie Gatland

Boys: Charlie Rona, Fabian Higgins, Noah Gashi, Noah Gatward, Oskar Dobson

Competing reserves: Seb Lambley, Imogen Richards



Thank you to our sponsor **LIBRA** financial who gave us medals for our Open Meeting May 2025



Training shoes, Spikes, clothing
15% DISCOUNT for YAC athletes at Fitstuff in Guildford

FITSTUFF
Specialist **Running Shop & Sports Clinic**

Do you need water-based training or injury rehabilitation?



Contact
Tony
Mitchell
on:

07771 995942

Young Athletes Club Open Meeting 25th May 2025— Fabulous photos by Jonty Mitchell



We held our annual **Young Athletes Club** Open meeting on Sunday 25th May and what a fantastic meeting it was! A total of 240 athletes took part from clubs all over the South of England in age groups U7, U9, U11 and U13 and U15.

For many athletes, this was their first proper athletics competition with results on the electronic scoreboard and medal presentations for the winners plus official results on Power of 10. Well done YAC and our team of coaches and officials!

Meeting highlights:

- Athlete names and results on the **Justiming** scoreboard and online link
- Medals on the podium for top athletes in each event
- International athletes came to present the medals: GB Junior International 400m hurdler Bella Wilson and England Javelin thrower Jess Howells
- Music, announcements and athlete interviews

Meeting organiser, Virginia with husband Tony, who was the race starter, both agreed it was fantastic to see so many athletes getting PBs. "It gave us a lot of pleasure to see athletes and parents enjoying the event and see so many excellent performances on track and field".



YAC Summer Camp July 2025



**Book now for 3 days of athletics:
Mon 28th, Tues 29th, Weds 30th July
www.young-athletes.co.uk**

Our camps are always popular and are action packed! Places are going fast so book now and please bring a friend!

Athlete Groups How do they work?

Age and ability determine which group an athlete is in. Please talk to us if you wish to ask about the group your child is in.

Squad	Mixed	11/12yrs	Yr 5/6/7
Blue	Boys	9/10 yrs	Yr 4/5
Red	Girls	9/10 yrs	Yr 4/5
Green	Boys	7/8 yrs	Yr 3/4
Yellow	Girls	7/8 yrs	Yr 3/4
Development	Mixed	5/6/7 yrs	Yr 2/3



YAC Performance Training for U11, U13, U15, U17



Performance Training Mondays and Fridays 6pm to 7pm

Performance sessions provide technical training for our older athletes who want to improve in their chosen event.

We offer the chance to train under the guidance of qualified coaches so athletes can prepare for competition in sprints, jumps, hurdles, throws, middle distance. See the purple **Performance** pages on the YAC website: <https://www.young-athletes.co.uk/performance>

YAC New website—do take a look!!

Our new website is easy to navigate and provides all club information. Do check it out!!



We wish our members a wonderful Summer break!!

Website: www.young-athletes.co.uk

Email: membership@yac-admin.co.uk

Facebook: www.facebook.com/young-athletes.club and Instagram

